

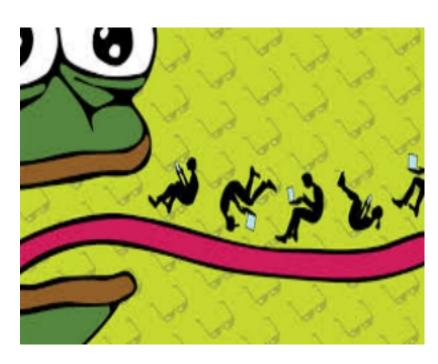
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# What Time Management Is?

- ☐ Time management is the process of planning and exercising conscious control of the time spent on specific activities to work smarter than harder.
- □ It is a juggling act of various things that help you increase efficiency and strike a better work-life balance.



## THE IRONY OF TIME



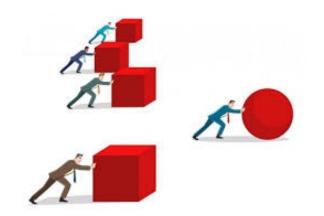
- It is more valuable than money, especially in today's fast-paced, overly-competitive business world.
- ☐ You can get more money, but you cannot get more time.

## IMPORTANT TIME MANAGEMENT SKILLS/STRATEGIES

- ☐ Prioritizing.
- ☐ Delegation.
- ☐ Decision-making.
- ☐Goal setting.
- ☐ Multitasking.
- □ Problem solving.
- ☐ Strategic thinking.
- ☐Scheduling.
- ☐ Be self-aware: track your time
- ☐ Habit tracking, distraction prevention



## 7 STEPS TO EFFECTIVE TIME MANAGEMENT

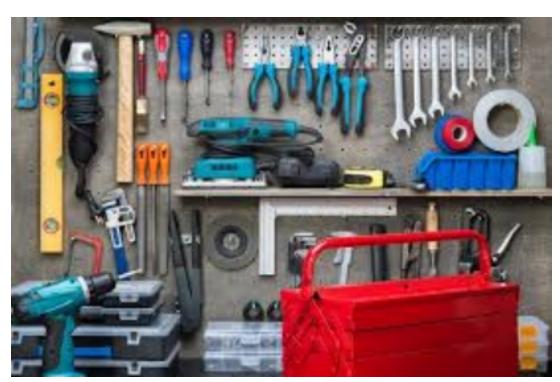




- □Step 1 Write A To Do List. ...
- ☐ Step 2 Remove Yourself From Distraction.
- ☐ Step 3 Take Breaks When Working. ...
- ☐Step 4 Break Big Tasks Up Into Smaller Chunks.
- ☐Step 5 Find Your Most Productive Times.
- □ Day 6 Become More Efficient. ...
- □ Day 7 Accept Your Limitations.

#### TIME MANAGEMENT TOOLS

- **□**Calendar
- ☐ Task manager or project manager
- ☐Time tracker
- □Note- taking app (with templates)
- ☐ Habit tracking, distraction prevention tools and others



#### TASK CLASSIFICATION TO ENHANCE TIME MANAGEMENT



- ☐ Urgent + Important (Do)
- ☐ Urgent + Not Important (Delegate)
- □Not Urgent + Important (Schedule them in your calendar in advance)
- □Not Important + Not Urgent (Delete)

### BENEFITS OF TIME MANAGEMENT



- ☐ Greater productivity and efficiency
- ☐ A better professional reputation.
- Less stress.
- ☐ Increased opportunities for advancement.
- ☐ Greater opportunities to achieve important life and career goals.

# FAILURE TO MANAGE TIME OR POOR TIME MANAGEMENT AT WORK

#### Can result in:

- ☐ Missed deadlines and appointments
- ☐ Procrastination and lack of focus
- ☐ Lack of professionalism
- ☐ Inefficient workflow and low work quality
- ☐ Unwanted stress
- ☐ Poor professional reputation
- ☐ Strained workplace relationships
- ☐ Financial penalties
- ☐ Work and life imbalance



## Time Management: Applicable Areas in FRSC

Routine
Tasks
Client
Services

Patrol
Operations

Rescue

4

## Time Management: Applicable Areas in FRSC - II

Effective time management should be incorporated into Routine the general administrative duties of the Corps to boost organizational performance and minimize redundancy **Tasks** among personnel. A situation where the visible output of the Corps is borne by a few Staff in line with the **Pareto principle**" should be discouraged and discontinued. Sustainability in production and the supply chain for Client Drivers Licence and Number Plates require effective time Services management to meet the demand and also satisfy all customers of the Corps.

## Time Management: Applicable Areas in FRSC - III

As a preventive enforcement strategy on road traffic Patrol crash, practical time management skills must be applied Operations to forestall lags in any particular function especially on priority routes, corridors and places. In responding to distress calls and other traffic Rescue emergencies, time management is of essence in sustaining the GOLDEN HOUR of crash victims. Services

# **Team Work + Time Management is PROFITABLE**







Good time management enables an individual to complete more in a shorter period of time, lowers stress, and leads to career success. It is also an essential for building a high performance team leading as well as organizational aggregate performance/ service delivery which ultimately enhances public perception.

## Thank you

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